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| **Title** | Launching Success in the Middle School Years: Family Learning Pack |
| **Topic** | Middle School Family Engagement |
| **Time Needed** | 60 Minutes |
| **Author(s)** | Hadley Bachman |
| **Description** | In this workshop for parents, grandparents, and other caregivers of middle schoolers, we will identify effective family engagement strategies for the middle school age. We will explore how the developmental stage of early adolescents changes how families engage with the school to support middle schoolers’ growing independence. Families will have the opportunity to practice applying these strategies to common situations that families face in middle school. |

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| **Long-Term Participant Targets Addressed** | |
| **I can work together with my early adolescent’s school in a way that supports them at this stage.** | |
| **Short-Term Participant Targets Assessed** | **Ongoing Assessment** |
| * I can identify effective strategies to support my child in middle school. * I can describe the importance of trust to help families and schools work together. * I can speak up for my child and my family’s needs in a way that builds trust between my family and the school. | Discussion  Communication Practice  Family Survey |
| **Agenda Overview** | **Facilitator Notes** |
| 1. Welcome and Introductions 2. What do we already know about MS Fam Eng 3. Middle School Family Engagement 4. Trust 5. Communication that builds trust 6. Closing | See slide notes for detailed script.  We recommend using a translator if your family population includes multilingual speakers. |
| **How does this session fit within a larger series? (if at all)** | **Materials** |
| **Parent Mentor group has regular professional development** | Powerpoint  Family Engagement Infographic  Notecatcher  Sandwich Method Infographic |

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| **Opening** | | |
| **Instructional Plans** | **Duration** | **Meeting Participants’ Needs** |
| 1. Welcome and Introductions 2. Go over targets 3. Build background knowledge    1. Discuss: What do you already do to be involved in and support your child’s education during the middle school years? What works and what doesn’t? 4. Introduction to the research    1. What is adolescence?    2. Brief overview of Middle Ground project | 4 min  5 min  6 min | Options for response:   1. [Mentimeter](https://www.mentimeter.com) 2. Zoom chat 3. Unmute on zoom (call on only a few if using this option) 4. Turn and talk at table groups, if in person |

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| **Work Time** | | |
| **Instructional Plans** | **Duration** | **Meeting Participants’ Needs** |
| 1. Go over Middle School Family Engagement Strategies    1. Give out infographics    2. What does this mean for your kid 2. Discuss: What new ideas stand out to you now about being involved in your child’s education during the middle school years? 3. Role of Trust in Family Engagement    1. Definition    2. What establishes trust 4. Communicating in a way that builds trust    1. Launch    2. Connect back to parent/caregiver roles to partner with teachers to communicate and to support adolescents in self-advocating    3. Sandwich strategy | 10 min  5 min  5 min  10 min | Use Notecatcher to help families make connections to their own families.  See options above. |

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| **Closing and Debrief** | | |
| **Instructional Plans** | **Duration** | **Meeting Participants’ Needs** |
| 1. Final discussion: What’s your takeaway today 2. Questions/discussion 3. Final survey for feedback | 5 min  7 min  3 min | Be sure to leave time to complete survey together. |